

URBAN DISTRICT OF  
AMBLESIDE.

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HEALTH COMMITTEE.

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ANNUAL REPORT

OF THE

Medical Officer of Health

FOR THE YEAR

**1922.**

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1923.

Atkinson and Pollitt, Printers, Kendal.

## URBAN DISTRICT OF AMBLESIDE.

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To the Chairman and Members of the  
Urban District Council of Ambleside.

GENTLEMEN,

I have the honour to submit to you the Annual Report for the year 1922, prepared in accordance with your instructions and those of the Ministry of Health.

Your Officials have rendered me every assistance in my work, and I would express my thanks to them.

I am especially indebted to the Sanitary Inspector, whose work has been carried out promptly and efficiently and through whom I have been kept in close contact with all that has taken place in your area.

My colleagues in the Medical Profession have given me generous help and have furnished their statutory notifications with commendable regularity, for which I am very grateful.

I have the honour to be,  
Gentlemen,

Your obedient Servant,

W. BARON COCKILL,

Medical Officer of Health  
Westmorland Combined Districts.

14th March, 1923.

## 1. GENERAL STATISTICS.

Area (acres)	...	...	...	...	4,425
Population (Census 1921)	...	...	...	...	2,878
Number of inhabited houses (Census 1921)	...	...	...	...	609
Number of families or separate occupiers (Census 1921)	...	...	...	...	575
Rateable Value	...	...	...	£18,949	6 6
Sum represented by a Penny rate	...	...	...	£77	

## 2. EXTRACTS FROM VITAL STATISTICS FOR THE YEAR.

	Males.	Females.	Total.
Births (Legitimate)	... 21	... 21	... 42
„ (Illegitimate)	... —	... 1	... 1
Birth Rate (R.G.)	... 18.8.	...	...
Deaths	...	...	... 31
Death Rate (R.G.)	... 13.5.	...	...

Number of women dying in, or in consequence of childbirth :—

From Sepsis	...	...	...	Nil.
From other causes	...	...	...	Nil.

Deaths of infants under 1 year of age per 1,000 births :—

Legitimate	...	...	...	47
Illegitimate	...	...	...	0
				—
Total	...	...	...	47

Deaths from Measles (all ages)	...	...	0
„ „ Whooping-cough (all ages)	...	...	0
„ „ Diarrhoe (under 2 years)	...	...	0

There has been no unusual or excessive mortality during the year.

There were no cases of deaths from Tuberculosis where the disease had not previously been notified.

The notification of known cases of Tuberculosis has invariably been carried out.

Ophthalmia Neonatorum	...	...	Nil.
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## 4. CAUSES OF SICKNESS.

There have been no specially noteworthy cases of sickness or invalidity in the district, other than an epidemic of Influenza in the early part of the year.

## 5. SUMMARY OF NURSING ARRANGEMENTS, HOSPITAL AND OTHER INSTITUTIONS AVAILABLE FOR THE DISTRICT.

Professional Nursing in the Home :—

- (a) General ... District Nursing Association.
- (b) Infectious Diseases, e.g.,  
Measles, etc. ... District Nursing Association.

District Nursing Associations are voluntary organisations receiving grants in aid from the County Council.

*Midwives.*

No subsidy is paid by the Public Health Authority to the one practising midwife.

*Clinics and Treatment Centres.*

Tuberculosis Dispensary at Kendal.

Travelling School Dental Clinic.

Hospitals Provided or Subsidised by the Local Authority or by the County Council :—

Hospital.		Situation.	Accommodation
Tuberculosis	...	Meathop—Grange-over-Sands	... 150 beds
Maternity and Children	...	Nil.	
Fever	...	The Sanatorium, Kendal	... 46 beds
Small-pox	...	Woodside, Nr. Kendal	... 50 beds
Ethel Hedley Hospital School (Orthopædic)	...	Calgarth, Windermere	... 30 beds
Venereal Disease	...	North Lonsdale Hospital, Barrow-in-Furness...	—

The Westmorland County Hospital contains 50 beds, available for all Non-infectious Medical, Surgical and abnormal Midwifery cases; a new Maternity Ward is in course of erection. It is supported by voluntary contributions :—

*Ambulance Facilities :—*

- (a) Infectious cases—removed by the Kendal Ambulance.
- (b) Non-infectious cases—St. John Ambulance Brigade.

### 3.—Notifiable Diseases

[illegible]

Date	Time	Place	Weather	Wind	Temperature	Humidity	Pressure	Visibility	Clouds	Remarks

### Birth-rate, Death-rate, and Analysis of Mortality during the Year 1922.

(Provisional figures. Populations as estimated in the middle of 1921 have been used for the purposes of this Table. The mortality rates refer to the whole population as regards England and Wales, but only to civilians as regards London and the groups of towns).

	BIRTH-RATE PER 1,000 TOTAL POPULA- TION.	ANNUAL DEATH-RATE PER 1,000 POPULATION.									RATE PER 1,000 BIRTHS.		PERCENTAGE OF TOTAL DEATHS.			
		All Causes.	Enteric Fever.	Small-pox.	Measles.	Scarlet Fever.	Whooping Cough.	Diphtheria.	Influenza.	Violence.	Diarrhoea and Enteritis (under 2 years).	Total Deaths under One Year.	Deaths in Public Institutions.	Certified Causes of Death.	Inquest Cases.	Uncertified Causes of Death.
England and Wales ...	20·6	12·9	0·01	0·00	0·15	0·04	0·16	0·11	0·54	0·44	6·2	77	25·6	92·7	6·2	1·1
105 County Borough and Great Towns, including London.	21·4	13·0	0·01	0·00	0·22	0·05	0·19	0·13	0·56	0·41	7·6	82	32·9	92·6	6·7	0·7
155 Smaller Towns (1921 Adjusted Populations 20,000—50,000)	20·5	11·7	0·01	0·00	0·10	0·03	0·15	0·09	0·58	0·35	5·6	75	16·9	93·6	5·1	1·3
London ...	21·0	13·4	0·01	0·00	0·35	0·07	0·25	0·25	0·57	0·45	7·1	74	48·7	92·1	7·8	0·1

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## 6. LABORATORY WORK.

The Combined Districts of Westmorland have provided Laboratories at Kendal, to which any practitioner may send specimens for examination. Sputum is also examined at Meathop Sanatorium.

The following have been done for the Urban District of Ambleside :—

Diphtheria	...	...	...	2
Malaria	...	...	...	1
				—
Total	...	...	...	3
				—

Diphtheria antitoxin is issued free for the treatment of all necessitous cases, excepting patients under the National Health Insurance Act; also for both necessitous and insured patients for prophylactic purposes.

## 7. SANITARY ADMINISTRATION.

List of Adoptive Acts, Bye-Laws and Local Regulations.

<i>Adoptive Acts.</i>	Name.	Date of Adoption.
Sanitary Clauses Public Health Acts Amendment Act, 1890	...	... 1891
Sanitary Clauses Public Health Acts Amendment Act, 1907	...	... 1908

*Bye-laws in force for :—*

New Streets and Buildings	...	...	... 1887
Slaughter-houses	...	...	... 1887
Prevention of Nuisances	...	...	... 1887
Pleasure Grounds	...	...	...1887 & 1902

TABULAR SUMMARY OF THE WORK OF THE SANITARY  
DEPARTMENT, &c.

*Inspections.*

These have been regularly carried out and the following nuisances discovered and abated :—

Defective Drains	...	...	...	16
Defective Water Closets	...	...	...	3
Defective Ashbins	...	...	...	2
Defective Spouts	...	...	...	6
Sinkstone Accommodation	...	...	...	1
Defective Gullies	...	...	...	5
Accumulation of Refuse—Manure, etc.	...	...	...	4
Lime-washing and Cleansing	...	...	...	2
Defective Water Supply	...	...	...	2
Total				41

No statutory notices were issued, but informal notices in 41 cases.

*Closet Accommodation.*

The accommodation is as follows :—

Houses with use of Water closets drained to sewers	...	543
Houses with use of Water Closets drained to cesspools.	...	26
Houses with use of Privies drained to cesspools	...	34
Houses with use of Pails drained to cesspools	...	8
Total		611

There have been no conversions from privies to water closets.

Regular inspection of Slaughter-houses, Dairies and Cow-sheds, Butchers' Shops and Bakehouses has been made, and the sanitary condition of all premises where food is prepared, stored, or exposed for sale is good. A new register is completed in accordance with Milk and Dairies (Amendment) Act, 1922.

There are 3 private Slaughter-houses, which have been maintained efficiently.

Disinfection with formalin is carried out after all infectious cases.

No facilities exist for disinfection.

A pamphlet on Diphtheria and a circular on Botulism were supplied to all Medical Practitioners.

## 8. STAFF.

Name.	Qualification.	Office.	Whole or Part Time.	Other Offices.	Salaries contributed under P.H.A. or Exchequer Grants.
W. B. Cockill	M.D., etc. D.P.H.	M.O.H.	Part	M.O.H. Westmorland Combined Districts	Yes
C. Watson	M. I. M.C. E.	Sanitary Inspector.	Part	Surveyor	Yes

## 9. HOUSING.

Number of New Houses erected during the year ... Nil.

## 1. UNFIT DWELLING HOUSES.

*Inspection.*

- (1) Total number of Dwelling-houses inspected for housing defects (under Public Health or Housing Acts ... .. 14
- (2) Number of Dwelling-houses which were inspected and recorded under the Housing (Inspection of District) Regulations, 1910 ... .. Nil.
- (3) Number of Dwelling-houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation ... .. Nil.
- (4) Number of Dwelling-houses (exclusive of those referred to under the preceding sub-heading) found not to be in all respects reasonably fit for human habitation ... .. 3

## 2.—Remedy of Defects without Service of Formal Notices.

Number of defective Dwelling-houses rendered fit in consequence of informal action by the Local Authority or their officers ... .. 2

3. Action under Statutory Powers · ... .. Nil.

